



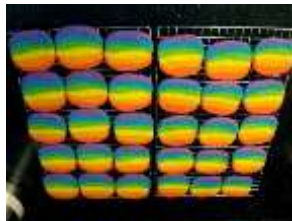
To all the lovely children of Reddish Vale Nursery.

I am missing all your lovely faces and all the fun we have at nursery, but I have been keeping myself very busy too.

I have been doing lots of running on a special machine called a treadmill. Exercise is very good for you and makes me feel happy afterwards. See if you can do 10 star jumps!



I have had fun baking some yummy biscuits and enjoyed sharing them with my family.



I have been thinking lots about, the "Going on a Bear hunt" Story that I love reading to all of you at nursery. Next time you go for a walk, why don't you pretend to be, going on a bear hunt.



See you all very soon

Heather 